



Many youth do not have the tools or support to overcome challenges and work through difficult situations, leaving them feeling lost and miserable. Parents, teachers, and people who work with youth around the county attest to the numerous difficult stories they hear from their students and children. Schools, nonprofits, churches, and various organizations work to support youth, but we see a gap in the education and support provided.

"We don't take enough time to educate people on what it means to first of all, be a healthy human overall, and then how you translate that into healthy relationships - whether it's dating, marriage, or even just friendships."

- Citrus County Teacher

WHAT'S THE PROBLEM?

Youth need relationship education and support so that they can practice and experience healthier relationships that lead to better lives.



THE PROBLEM

Today, there are more ways to connect than ever. Yet, our youth are either disconnected or misconnected. They don't practice or experience loving, healthy relationships.

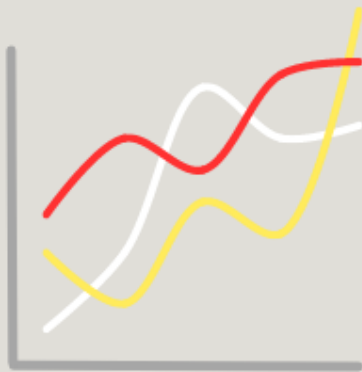
LOOKING FOR CONNECTION

Youth are hardwired for connection. They will look for it and find it. Often times they will find it in **potentially hazardous places**.



YOUTH ARE STRUGGLING

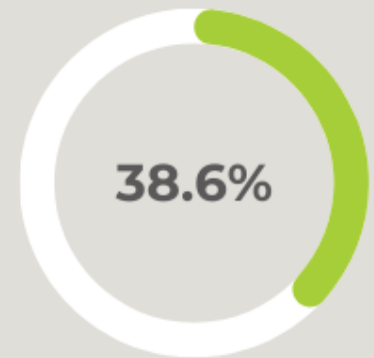
Youth will suffer they can't find connection. And youth will suffer when they look for connection in the wrong places.



Rising rates of suicide, poor mental health, and single parent homes.



75% of Citrus County youth are on a screen for three or more hours every day.



Citrus County youth reported feeling sad or hopeless for 2 or more weeks in a row in 2022.

YOUTH NEED RELATIONSHIP EDUCATION & SUPPORT

- Communication skills
- Friendships and dating
- Healthy boundaries
- Conflict resolution
- Red flags



SEE YOUTH FLOURISH!

"Aspire helped me feel confident that I can build healthier relationships."
- Academy of Environmental Science Student

"Aspire taught me how to understand myself and my feelings."
- Lecanto High School Student

"Aspire made me feel more comfortable in my own skin."
- Crystal River High School Student



We cannot change every external circumstance. However, we can help youth and families develop healthier relationships that set them on paths to better lives. Rather than saying things like "just say no!" and just striving to stop risky behaviors, we see youth as holistic people with emotions, wills, thoughts, and external circumstances that affect their actions.

At Aspire Relationship Center, we provide the education and support needed for youth and families to practice and experience healthier relationships that lead to better lives.

WHAT YOU CAN DO

SPREAD THE WORD & CONNECT

Tell Citrus County about why youth need relationship education and support.

WORK WITH US & DONATE

Join us in providing relationship education and support to youth in Citrus County.

SEE YOUTH FLOURISH!

Let's open our eyes to suffering youth and help them build healthy relationships!

Like and follow us on social media to stay up to date and connected.

  @aspirerelationshipcenter